

# ABOUT US

We are a state approved sponsor that partners with the community to provide meals to children. Each day, our kitchen prepares nutritious Breakfast, Snack, Lunch & Supper made-to-order based on the food that children love to eat!

Our meals are proportioned in line with the nutritional expectations of the USDA food pyramid guide. A consistent combination of these portion sizes are proven to stabilize hormones in children, provide clarity in their thinking and reduce violent tendency which is a resulting behavior of hunger (USDA).



## THE PBG MISSION

Our purpose is to strengthen the connections between students and great meals to fuel their education and future success by making mealtime the best part of their day.



**GRADE A FULLY INSURED KITCHEN**

**BREAKFAST, SNACK & DINNER**

**MEALS ARE MADE FRESH DAILY**

## WE SERVE!

- ✓ **Summer Foodservice Programs**
- ✓ **Child and Adult Care Food Programs**
- ✓ **Emergency Feeding Programs**
- ✓ **National School Lunch Program**



# MEAL COMPONENTS



# OUR COMMUNITY PARTNERS

**Afterschool Programs**

**Private & Charter Schools**

**Youth Sports Programs**

**Early Childhood Programs**

## SOLUTIONS

With our knowledge of USDA and NSLP requirements combined with our conviction that every child deserves a great meal, our programs consistently drive higher meal participation and build local connections resulting in healthier, more engaged students.

## LET'S BE PARTNERS

FOR MORE INFORMATION, CONTACT US VIA EMAIL AT [HELLO@GRATITUDE-GROUP.ORG](mailto:HELLO@GRATITUDE-GROUP.ORG) OR BY PHONE 323-677-1PBG(1724)

**BREAKFAST**

<ul style="list-style-type: none"> <li>• 8 ounces of milk</li> <li>• ¾ cup of fresh fruit</li> <li>• ¾ cup of grains</li> </ul>	OR	<ul style="list-style-type: none"> <li>• 8 ounces of milk</li> <li>• 2 ounces cooked meat</li> <li>• ¾ cup of grains</li> </ul>
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**SNACK**

<ul style="list-style-type: none"> <li>• 6 ounces of 100% fruit juice</li> <li>• 1 serving (28g) of a snack</li> </ul>	OR	<ul style="list-style-type: none"> <li>• ¾ cup of fresh fruit</li> <li>• 1 serving (28g) of a snack</li> </ul>
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**LUNCH/SUPPER**

<ul style="list-style-type: none"> <li>• 8 ounces of milk</li> <li>• ¼ cup of fresh fruit</li> <li>• ½ cup of fresh veggies</li> </ul>	<ul style="list-style-type: none"> <li>• ¾ cup of grains</li> <li>• 2 ounces cooked meat or meat alternative</li> </ul>
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**Please Note:**  
While we may offer breakfast, snack and lunch/supper we are only able to provide a maximum of two meal types per site.